



Report on IYCF Tele-mentoring

(For the period: 11th August to 11th October 2023)

Objectives

- Strengthening IYCF practices in the state is one of our major objectives
- SCoE4N has been doing capacity building for the same. 2 batches of counselors from districts have been trained on IYCF (Total-54).
- In order to support these counselors to initiate and sustain lactation counseling, SCoE4N has pioneered virtual mentoring.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the tele mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12 to 1:30 pm.

As of now Tele-mentoring is been done through telephonic calls.

Findings

- Tele-mentoring began in the month of August, after the 1st batch of counselors was trained on IYCF.
- One round of telephonic mentoring is done with 1st batch of counselors over phone. A total Of 23 counselors have been mentored out of the 28 trained in the 1st batch. (Phone numbers of some counselors were not reachable)
- Calls with the 2nd batch of counselors have also been initiated.
- Most counselors have reported that they have started doing lactation counseling during their visit to the PNC ward/labor room. Many of them told that they routinely take round of the PNC ward.



- Blood bank/NCD/ICTC counselors who attended the IYCF training have reported difficulty in initiating breastfeeding counseling because of their prior engagements.
- Some counselors have reported lack of a fixed seating place for them.
- Different counselors have reported different working hours.
- Counselors told that early initiation of breastfeeding among mothers with normal delivery is easier as compared to mothers who have had LS/CS.
- A majority of counselors reported that staff nurses provide breastfeeding counseling and support to the mothers in the PNC ward.
- One counselor informed that some families come with bottles and top feed in anticipation of its usage. Another counselor told that some families start with top feed without the prescription of doctors/nurses.
- Only 2 counselors reported presence of a breastfeeding corner at the facility. Out of which only one reported as functional.
- Some counselors informed about the practice of KMC care, however no counselors reported presence of a designated KMC corner.

✚ As a result of tele-mentoring, counselors from Sarguja and Balodabazar called to seek support on lactation counseling.

Action Points

1. Issue letter from NHM to the districts for tele-mentoring over virtual platform e.g. zoom calls (Suggestive roster attached as annexure 1)
2. Districts from where no counselors are trained could be provided with orientation on IYCF during the tele mentoring.
3. Counselors other than the RMNCH ones would need greater support to initiate lactation counselling. Need to identify RMNCH counselors from such district and build their capacity to do lactation counselling.
4. Plan IYCF training in the districts and leverage these trained counselors as master trainers.
5. Provide supportive supervision through field visits as well.
6. Finalise tele mentoring checklist (Draft is attached as annexure 2)



Annexures

Annexure 1: Roster

Roster for IYCF Tele-Mentoring		
Suggestive time: 12:00 to 1:00 pm		
Sno	District	Days for Consultation
1	Balod	1st and 3rd Monday
2	Baloda Bazar	1st and 3rd Monday
3	Balrampur	1st and 3rd Monday
4	Bastar	2nd and 4th Monday
5	Bemetara	2nd and 4th Monday
6	Bijapur	2nd and 4th Monday
7	Bilaspur	1st and 3rd Tuesday
8	Dantewada	1st and 3rd Tuesday
9	Dhamtari	1st and 3rd Tuesday
10	Durg	2nd and 4th Tuesday
11	Gariaband	2nd and 4th Tuesday
12	Gaurella-Pendra-Marwahi	2nd and 4th Tuesday
13	Janjgir-Champa	1st and 3rd Wednesday
14	Jashpur	1st and 3rd Wednesday
15	Kabirdham	1st and 3rd Wednesday
16	Kanker	2nd and 4th Wednesday
17	Kondagaon	2nd and 4th Wednesday
18	Khairagarh-Chhuikhadan-Gandai	2nd and 4th Wednesday
19	Korba	1st and 3rd Thursday
20	Koriya	1st and 3rd Thursday
21	Mahasamund	1st and 3rd Thursday
22	Manendragarh-Chirmiri-Bharatpur	2nd and 4th Thursday
23	Mohla-Manpur-Chowki	2nd and 4th Thursday
24	Mungeli	2nd and 4th Thursday
25	Narayanpur	1st and 3rd Friday
26	Raigarh	1st and 3rd Friday
27	Raipur	1st and 3rd Friday
28	Rajnandgaon	2nd and 4th Friday
29	Sarangarh-Bilaigarh	2nd and 4th Friday
30	Sakti	2nd and 4th Friday
31	Sukma	1st and 3rd Saturday
32	Surajpur	1st and 3rd Saturday
33	Surguja	1st and 3rd Saturday



Annexure 2: Tele-mentoring checklist

Tele-mentoring Checklist (For Pilot)

Question 1 to 7 is to be asked only during the 1st interaction

1. Name of counsellor
2. District
3. Whether attended training on IYCF
4. Designation
5. Current place of posting
6. Working hours
7. Major work responsibilities
8. Whether counselling on breastfeeding is been done or not
9. If yes, where is the counseling been done (OPDs, ANC/PNC ward etc)
10. What are the common issues observed?
11. What are the major counselling points that you tell (Based on the issues shared ask about counselling points)
12. Whether LS/CS is done at the facility
13. If yes, which positions are recommended to these mothers
14. If no, which positions are recommended to mothers who had normal delivery
15. Is there a breastfeeding corner at the facility
16. Is there a KMC corner at the facility
17. Whether KMC been done at the facility



AIIMS/PED/SCOE/OW/2023/

Date:

Report on IYCF Tele-mentoring

(For the month of November 2023)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 54 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12 to 1:00 pm.

Findings

A total of 17 counselors were successfully mentored in this month. Following are some of the key findings in tabular form (Table no.1) followed by description.



Table No. 1: Findings

S.No	Indicators	No. of counselors interviewed	No. of counselors with a positive response	Remarks, if any
1	Whether counselor posted at DH/Medical College	17	7	Others are posted at CHCs
2	Whether daily rounds of PNC ward done	17	13	Details in description below
3	Whether daily lactation counseling done	17	13	Details in description below
4	Whether C-section performed at the facility	12	7	C-section done mostly at DHs
5	Whether mothers with C-section counseled on positions	7	7	Counselors receive support from staff nurses at most places
6	Whether KMC practiced at facility regularly	12	9	Mostly staff nurses support KMC
7	Whether a functional Breastfeeding corner available	17	1	Another facility has non functional breastfeeding corner
8	Whether facing any challenges	17	6	Details in description below



1. Out of the 17, 13 counselors told that they have been taking regular rounds of the PNC ward. 4 informed that they have been either engaged in field work or had other priorities and have not been able to provide lactation counseling on a regular basis.
 - Counselor from CHC Gidam, Dantewada, informed that he was not able to visit PNC ward regularly due to field duty. He visits ward on Tuesday and Thursday. He connected us to a mother at PNC ward.
 - Counselor from CHC Rajim, Gariyaband, also mentioned that he takes round of PNC ward less frequently since he is a NCD counselor and has field duty. He shared details of RMNCH counselor of his facility. We will provide handholding support to the RMNCH counselor through video calls.
 - Counselor from CHC Palari, Balodabazar mentioned less frequent visits to the PNC ward due to Family Camp. She was advised to continue the visits as soon as the camp is over.
 - Counselor from CHC Tokapal, Bastar, informed that she has been posted at field for the past one month and has not been able to visit PNC ward and do counseling. She was advised to speak to her supervisor to request posting at the facility as well. A letter was issued by the BMO mentioning that she will be posted at facility in the 1st half and will do field in the 2nd half.
2. Male counselor from CHC Darbha, Bastar told that mothers sometimes hesitate in talking with him on breastfeeding issues. He is advised to properly introduce himself as a healthcare professional to build good rapport. Also he is asked to take support from the staff nurses and do joint counseling.
3. Counselor from CHC Pendra, GPM informed that he came across cases where families' restrict food for mothers post delivery. He was asked to provide counseling on maternal nutrition and the link between mother's health and nutrition with that of the Childs.
4. Counselor from Balod district informed that the Pediatrician at her facility was also trained on IYCF and he takes round as well.
5. Counselor from Bilaspur Medical College has requested for IEC material on breastfeeding.
6. Many counselors informed about the practice of Kangaroo Mother Care for LBW babies and expression of breast milk for babies admitted to SNCU/NBSU.



7. All counselors told that mothers with normal delivery almost every time initiate breastfeeding within one hour of birth. Mothers with LS/CS find it difficult to do so.
8. It was found that the average monthly delivery load at DHs is 250 to 300 at CHCs are 25-30. The most common issues identified by counselors:
 - Complaint of less milk, especially by primi mothers
 - Delay in initiation of breastfeeding in caesarian deliveries
 - Flat nipple
9. There was network issue in two districts. Video call was interrupted. Rest districts had network connectivity with very less disturbance.
10. Following the issue of letter from Health Department (attached as Annexure 1) a roster was prepared (attached as Annexure 2). As per the planned Tele-mentoring sessions 2 counselors were not reachable and will be accommodated in December.
11. It was found that the following DHs do not have a trained (done by SCoE4N) counselor. From the following districts (Bastar, Bemetra, Durg Gaurela-Pendra-Marwahi, Jashpur, Janjgir-Champa, Manendragarh-Chirmiri-Bharatpur, Mohla-Manpur-Chowki, Mungeli, Rajnandgaon, Sarangarh-Bilaigarh, Sukma) only CHC counselors are trained or no counselor is trained over all.

Action Points

1. Districts from where no trained counselors are available at the DH (as mentioned in point 11) will be included in the next batch of training. Tentative date for the next training is 17th to 19th January 2024.
2. Hand holding support to counselors who have profile other than the RMNCH/FP.
3. Monitor IYCF training in the districts and leverage the trained counselors as master trainers.
4. Provide supportive supervision through field visits, where ever necessary.
5. Share IEC with counsellors.
6. Start collecting data and success story from January onwards.
7. Counsel mothers over video call if requested by the counselors.
8. Roster for the month of December is prepared and shared (attached as annexure 3).



Annexure

Annexure 1: Letter regarding Tele-mentoring

संचालनालय स्वास्थ्य सेवायें
छत्तीसगढ़

स्वास्थ्य भवन, सैक्टर-18, यू-टल, नार्थ ब्लॉक, नवा रायपुर, अटल नगर, छत्तीसगढ़।

क्र./शि.स्वा./2023/283 अटल नगर, नवा रायपुर दिनांक 10/11/23

प्रति,
मुख्य चिकित्सा एवं स्वास्थ्य अधिकारी
जिला-समस्त, छत्तीसगढ़।


विषय-काउंसलर्स का SCoE4N एम्स रायपुर के माध्यम से टेलीमेंटरिंग के संबंध में।

-00-

उपरोक्त विषयांतर्गत लेख है कि स्वास्थ्य विभाग, एम्स रायपुर एवं यूनिसेफ के सहयोग से "राज्य पोषण मध्यवर्तन उत्कृष्टता केन्द्र" (SCoE4N-State Centre of Excellence for Nutrition) बाल एवं शिशु रोग विभाग, एम्स रायपुर में संचालित किया जा रहा है। SCoE4N द्वारा भी कार्यक्रम के अंतर्गत RMNCH+A अन्य काउंसलर्स की IYCF पर ट्रेनिंग दी गई है। जिसका उद्देश्य राज्य में स्तनपान एवं पूरक पोषण आहार संबंधित विषयों पर सुधार लाना है। इसके अंतर्गत SCoE4N द्वारा सभी प्रशिक्षित काउंसलर्स का विडियो कॉन्फ्रेंसिंग के माध्यम से मार्गदर्शन किया जाना है।


इसके साथ ही जिले में नियुक्त SCoE4N के समन्वयक द्वारा पीएनसी वार्ड, लेबर कम, एस.एन.सी.यू का सहायक पर्यवेक्षण भी किया जाएगा। अतः SCoE4N की टेलीमेंटरिंग एवं सहायक पर्यवेक्षण के लिए आवश्यक सहयोग प्रदान किया जाना सुनिश्चित करें।

विडियो कॉन्फ्रेंसिंग का लिंक पृथक से साझा किया जावेगा एवं टेलीमेंटरिंग के लिए जिलेवार रोस्टर समय-समय पर साझा किया जावेगा।


उप संचालक
(शिशु स्वास्थ्य)
संचालनालय स्वास्थ्य सेवायें
अटल नगर, नवा रायपुर दिनांक 10/11/23

पू.क्र./शि.स्वा./2023/284
प्रतिलिपि:-सूचनार्थ

1. संचालक, स्वास्थ्य सेवायें, अटल नगर, नवा रायपुर, छ.ग।
2. मिशन संचालक, राष्ट्रीय स्वास्थ्य मिशन, अटल नगर, नवा रायपुर, छ.ग।
3. विभागाध्यक्ष, शिशु रोग विभाग एवं संचालक, SCoE4N एम्स रायपुर छ.ग. की ओर आवश्यक कार्यवाही हेतु प्रेषित।
4. पोषण विशेषज्ञ, यूनिसेफ, रायपुर, छ.ग।


उप संचालक
(शिशु स्वास्थ्य)
संचालनालय स्वास्थ्य सेवायें



State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

Annexure 2: Roster for the month of November

State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

AIIMS/P&D/SCoE4N/2023/525

14.11.2023

State Center of Excellence for Nutrition Interventions (SCoE4N)
Department of Pediatrics, AIIMS Raipur

IYCF Tele-Mentoring

For the month: November 2023

Roster			
Sno	District	Date	Time
1	Bastar	20/11/23	12:00 to 12:30 (Sangeeta Das)
			12:30 to 1:00 (Bansidhar Maurya)
2	Bemetara	21/11/23	12:00 to 12:30 (Vidya)
3	Bilaspur	22/11/23	12:00 to 12:30 (Varsha Gupta)
			12:30 to 1:00 (Rajshree Paikra)
4	Dantewada	23/11/23	12:00 to 12:30 (Shanti Bhogami)
			12:30 to 1:00 (Liladhar Minj)
5	Dhamtari	24/11/23	12:00 to 12:30 (Jyoti sahu)
			12:30 to 1:00 (Lokeshwari Sahu)
6	Durg	25/11/23	12:00 to 12:30 (Suraj Kumar)
7	Gariaband	28/11/23	12:00 to 12:30 (Hema Sinha)
			12:30 to 1:00 (Meenendra Sahu)
8	Gaurella-Pendra-Marwahi	29/11/23	12:00 to 12:30 (Mohini Soni)
			12:30 to 1:00 (Tarun Kumar)
9	Janjgir-Champa	30/11/23	12:00 to 12:30 (Urmila Sahu)

Link for video call will be shared with participants. Any change in date and time will be conveyed in advance.

Prof.(Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur.

प्रियोजना निदेशक
Project Director
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
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All India Institute of Medical Sciences, Raipur (CG)

Annexure 3: Roster for the month of December

State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/JOW/2023/544 Date: 28/11/2023

IYCF Tele-Mentoring

For the month: December 2023

Roster			
Sno	District	Date	Time
1	Jashpur	1/12/23	12:00 to 12:30 (Vasundhara)
2	Kabirdham	4/12/23	12:00 to 12:30 (Manjula sonkar)
			12:30 to 1:00 (Arti)
3	Kanker	5/12/23	12:00 to 12:30 (Anita sahu)
			12:30 to 1:00 (Chandrakant Sahu)
4	Kondagaon	6/12/23	12:00 to 12:30 (Kiran Dehori)
			12:30 to 1:00 (Radhika Soni)
5	Khairagarh-Chhuikhadan-Gandai	7/12/23	12:00 to 12:30 (Esh Kumar)
6	Korba	8/12/23	12:00 to 12:30 (Neelu Chaudhary)
7	Koriya	11/12/23	12:00 to 12:30 (Chaitali shaw)
			12:30 to 1:00 (Sabina Bhagar)
8	Mahasamund	12/12/23	12:00 to 12:30 (Kavita)
			12:00 to 12:30 (Poonam Thakur)
9	Mohla-Manpur-Chowki	13/12/23	12:00 to 12:30 (Smt. Shweta Shukla)
			12:30 to 1:00 (Arun Kothari)
10	Mungeli	14/12/23	12:00 to 12:30 (Sugri Netam)
11	Narayanpur	15/12/23	12:00 to 12:30 (Sugri Netam)
12	Raigarh	18/12/23	12:00 to 12:30 (Sevati Patel)
			12:30 to 1:00 (Vinita Nair)
13	Raipur	19/12/23	12:00 to 12:30 (Savita Mishra)
			12:30 to 1:00 (Laxmi Dewangan)

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14	Rajnandgaon	20/12/23	12:00 to 12:30 (Chandrakala)
			12:30 to 1:00 (Tikeshwari Sahu)
15	Surangach-Bilagarh	21/12/23	12:00 to 12:30 (Pushpa Sao)
			12:30 to 1:00 (Manjulata)
16	Sakti	22/12/23	12:00 to 12:30 (Elavati Jaiswal)
			12:30 to 1:00 (Chitrekha)
17	Sukma	26/12/23	12:00 to 12:30 (Rakesh Kumar)
18	Surajpur	27/12/23	12:00 to 12:30 (Kalpana Singh)
			12:30 to 1:00 (Anil Sonwani)
19	Surguja	28/12/23	12:00 to 12:30 (Mamta pathak)
			12:30 to 1:00 (Prateek Singh)

Link for video call will be shared with participants. Any change in date and time will be conveyed in advance.

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
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Annexure 4: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur.



AIIMS/PED/SCOE/OW/2023/

Date:

Report on IYCF Tele-mentoring

(For the month of December 2023)

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- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

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Findings

A total of 32 Tele-mentoring sessions were planned in this month (Roster attached as Annexure 2). 27 sessions were completed with the counselors. Remaining sessions are to be adjusted in the upcoming



weeks. These sessions were not done either due to unavailability of counselors or network issues. Following are some of the key findings in tabular form (Table no.1) followed by description.

Table No. 1: Findings

S.No	Indicators	No. of counselors interviewed	No. of counselors with a positive response	Remarks, if any
1	Whether counselor posted at DH/Medical College	27	12	Others are posted at CHCs
2	Whether daily rounds of PNC ward done	27	20	Details in description below
3	Whether daily lactation counseling done	27	16+	Details in description below
4	Whether C-section performed at the facility	27	15	-
5	Whether mothers with C-section counseled on positions	15	15	Counselors receive support from staff nurses at most places
6	Whether KMC practiced at facility regularly	27	15	KMC is supported at SNCUs. Mostly staff nurses support KMC. No separate KMC corner in the PNC wards.



7	Whether a functional Breastfeeding corner available	27	1	2 facilities have non functional breastfeeding corner.
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1. Out of the 27, 20 counselors told that they have been taking regular rounds of the PNC ward. 7 informed that they have been either engaged in field work or had other priorities and have not been able to provide lactation counseling on a regular basis.
 - Counselor from CHC Patthalgaon, Jashpur, informed that she visits **field 2 days** a week and for the rest of the days she visits PNC ward regularly. She also informed about another project on IYCF through IIT-Bombay. Under this program staff nurses were trained. Also some audio visual material is also shared which is displayed in wards.
 - Counselor from Civil Hospital, Khairagarh, KCG, also mentioned that he takes round of PNC ward irregularly since he is **an ICTC counselor** and has other duties.
 - Counselor from DH Koriya informed that she is not able to visit PNC ward at all because she is a **blood bank counselor**. She cannot leave her office and go for rounds. She informed that currently there is no RMNCH counselor available at the DH. However a Mental Health Counselor and an ICTC counselor are there.
 - Counselor from CHC Lormi, Mungeli also informed that she is not able to visit PNC ward at all because she is a **NCD counselor**. She has to attend OPDs and do counseling on NCD. However she informed that the RMNCH counselor visits PNC ward daily.
 - Counselor from CHC Sonhat informed she has **field posting** twice a week on rest of the days she visits PNC ward.
 - Counselor from CHC Ambagarh Chowki, MMAC mentioned that she takes round of PNC ward irregularly since he is a **NCD counselor** and has other duties.
 - Counselor from DH Raipur informed that her duty station is at DH Pandri where as the PNC ward is in the MCH wing at Kalibadi. She was asked to share contact detail of counselor from DH Kalibadi.
2. Many counselors informed about the practice of Kangaroo Mother Care for LBW babies and expression of breast milk for babies admitted to SNCU/NBSU.

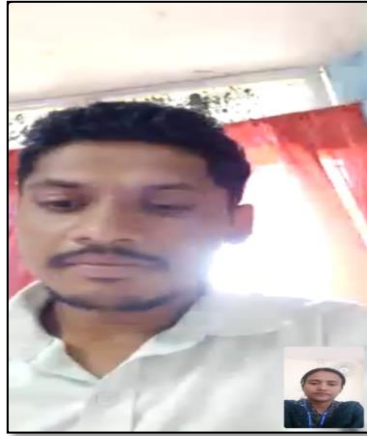


3. All counselors told that mothers with normal delivery almost every time initiate breastfeeding within one hour of birth. Mothers with LS/CS find it difficult to do so.
4. It was found that the average monthly delivery load at DHs is 200 and at CHCs it is 40. The most common issues identified by counselors:
 - Complaint of less milk, especially by primi mothers
 - Delay in initiation of breastfeeding in caesarian deliveries
 - Use of Top feed without prescription
 - Flat nipple
5. There was network issue in five districts. Video call was interrupted. Rest districts had network connectivity with very less disturbance.
6. It is observed that during the tele-mentoring calls, counselors are busy and also keep getting interrupted since the OPD timing is till 1'0 Clock. Tele-mentoring timing can be revised.

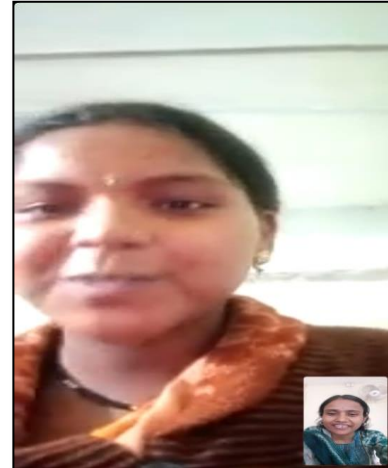
Action Points

1. Districts from where no trained counselors are available at the DH (as mentioned in point 1) will be included in the next batch of training. Tentative date for the next training is 17th to 19th January 2024.
2. Hand holding support to counselors who have profile other than the RMNCH/FP.
3. Provide supportive supervision through field visits, where ever necessary.
4. Start collecting data and success story.
5. Counsel mothers over video call if requested by the counselors.
6. Roster for the month of January is prepared and shared (attached as annexure 3).
7. Monitor IYCF training in the districts and leverage the trained counselors as master trainers.

Annexure 4: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur.



AIIMS/PED/SCOE/OW/2023/

Date:

Report on IYCF Tele-mentoring

(For the month of January 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12 to 1:30 pm.

Findings

A total of 52 Tele-mentoring sessions were planned in this month. 19 sessions were completed with the counselors. Some of the counselors were unavailable due to leaves or personal reasons, there were four



local holidays and a 3 days state level ToT at the SCoE4N. Following are some of the key findings in tabular form (Table no.1) followed by description.

Table No. 1: Findings

S.No	Indicators	No. of counselors interviewed	No. of counselors with a positive response	Remarks, if any
1	Whether counselor posted at DH/Medical College	19	8	Others are posted at CHCs
2	Whether daily rounds of PNC ward done	19	15	Details in description below
3	Whether daily lactation counseling done	19	15	Details in description below
4	Whether C-section performed at the facility	19	8	-
5	Whether mothers with C-section counseled on positions	8	8	-
6	Whether KMC practiced at facility regularly	19	6	KMC is supported at SNCUs. Mostly staff nurses support KMC. No separate KMC corner in the PNC wards.



7	Whether a functional Breastfeeding corner available	19	0	-
---	---	----	---	---

1. Out of the 19, 15 counselors told that they have been taking regular rounds of the PNC ward. 4 informed that they have been either engaged in field work for Viksit Bharat, NTCP & OPD work load hence they have not been able to provide lactation counseling on a regular basis.
2. Many counselors informed about the practice of Kangaroo Mother Care for LBW babies and expression of breast milk for babies admitted to SNCU.
3. All counselors told that mothers with normal delivery almost every time initiate breastfeeding within one hour of birth. Mothers with LS/CS find it difficult to do so.
4. The most common issues identified by counselors:
 - Complaint of less milk, especially by primi mothers
 - Delay in initiation of breastfeeding in caesarian deliveries
5. There was network issue at quite some facilities. Video call was interrupted. Audio calls were done to keep the discussion going.
6. It was observed that appropriate knowledge of KMC is not there among the counselors.
7. Quite a few counselors were not available during the planned calls and have not informed beforehand.

Action Points

1. Share Hand holding support to counsellors who have profile other than the RMNCH/FP.
2. Onboard counsellors from DH who have not attended training with support from our district staff.
3. Provide supportive supervision through field visits, where ever necessary.
4. Counsel mothers over video call if requested by the counsellors.
5. Roster for the month of February is prepared and shared (attached as annexure 1).
6. Monitor IYCF training in the districts and leverage the trained counsellors as master trainers.



Annexure

Annexure 1: Roster for the month of February

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/JOW/2024/76 Date: 01.02.24

For the month: February 2024 **IYCF Tele-Mentoring**

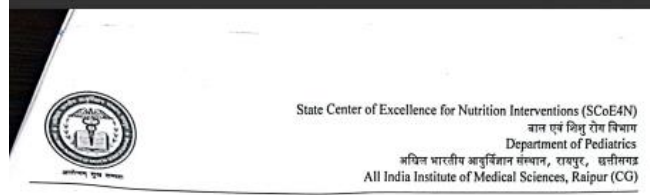
Sno	District	Roster	
		Date	Time
1	Balodabazar	2/2/24	12:00 to 12:30 (Bharti Sharma)
	Bijapur		12:30 to 1:00 (Kamla Ram Tati)
			1:00 to 1:30 (Etti Babita)
2	Bilaspur	5/2/24	12:00 to 12:30 (Vansha Gupta)
	Dantewada		12:30 to 1:00 (Rajshree Paikra)
			1:00 to 1:30 (Shanti Bhogami)
3	Gariyabandh	6/2/24	1:30 to 2:00 (Liladhar Minj)
	Gaurella-Pendra-Marwahi		12:00 to 12:30 (Hema Sinha)
			12:30 to 1:00 (Meenendra Sahu)
4	Janjgir-Champa	7/2/24	1:00 to 1:30 (Mohini Soni)
	Kabirdham		12:00 to 12:30 (Urmila Sahu)
			12:30 to 1:00 (Manjula sonkar)
5	Surajpur	8/2/24	1:00 to 1:30 (Arti)
	Kanker		1:30 to 2:00 (Anil Sonwani)
			12:00 to 12:30 (Anita sahu)
6	Kondagaon	9/2/24	12:30 to 1:00 (Chandrakant Sahu)
	Kharigarh-Chhuikhadan-Gandai		1:00 to 1:30 (Kiran Dehor)
			Korba
6	Korba	9/2/24	12:00 to 12:30 (Esh Kumar)
			12:30 to 1:00 (Neelu Chaudhary)

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7	Koriya	12/2/24	1:00 to 1:30 (Chaitali Shaw)
	Mahasamund		12:00 to 12:30 (Kavita)
	Manendragarh Chirmiri Bharatpur		No trained Counselor
8	Mungeli	13/2/24	12:30 to 1:00 (Poonam Thakur)
			Mohla-Manpur-Chowki
	Narayanpur		12:00 to 12:30 (Smt. Shweta Shukla)
9	Raigarh	14/2/24	1:00 to 1:30 (Arun Kothari)
	Balod		12:00 to 12:30 (Smt. Shweta Shukla)
10	Balrampur	15/2/24	1:00 to 1:30 (Sugri Netam)
	Bastar		12:00 to 12:30 (Sevati Patel)
	Bastar		12:30 to 1:00 (Vinita Naik)
11	Bastar	16/2/24	1:00 to 1:30 (Kalyani)
	Dhamtari		12:00 to 12:30 (Nejvanti)
	Durg		12:30 to 1:00 (Maya)
12	Raipur	19/2/24	1:00 to 1:30 (Sangeeta Das)
	Bemetara		12:00 to 12:30 (Bansidhar Maurya)
	Bemetara		12:30 to 1:00 (Chandrakant Acharya)
13	Rajnandgaon	20/2/24	1:00 to 1:30 (Jyoti sahu)
	Rajnandgaon		1:30 to 2:00 (Lokeshwari Sahu)
	Rajnandgaon		12:00 to 12:30 (Suraj Kumar)
14	Sarangarh-Bilalgarh	21/2/24	12:30 to 1:00 (Laxmi Dewangan)
	Sarangarh-Bilalgarh		1:00 to 1:30 (Vidya)
	Sarangarh-Bilalgarh		12:00 to 12:30 (Chandrakala)
14	Sarangarh-Bilalgarh	21/2/24	12:30 to 1:00 (Tikeshwari Sahu)
			12:00 to 12:30 (Pushpa Sao)
14	Sarangarh-Bilalgarh	21/2/24	12:00 to 12:30 (Pushpa Sao)
			12:30 to 1:00 (Manjulata)



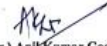
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All India Institute of Medical Sciences, Raipur (CG)



15	Sakti	22/2/24	12:00 to 12:30 (Elavati Jaiswal)
			12:30 to 1:00 (Chitrekha)
16	Sukma	23/2/24	12:00 to 12:30 (Rakesh Kumar)
	Surajpur		12:30 to 1:00 (Kalpana Singh)
	Balodabazar		1:00 to 1:30 (Barkha)
17	Surguja	26/2/24	12:00 to 12:30 (Mamta pathak)
	Janjgir-Champa		12:30 to 1:00 (Prateek Singh)
18	Jashpur	27/2/24	1:00 to 1:30 (Asha Soni)
	Koriya		12:00 to 12:30 (Vasundhara)
19	Gaurella-Pendra-Marwahi	28/2/24	12:30 to 1:00 (Sabina Bhagat)
	Sukma		12:00 to 12:30 (Tarun)
20	Raipur, Durg & Jashpur	29/2/24*	12:30 to 1:00 (Pradip Kumar)
	MCB, Rajnandgaon & Mungeli		12:00 to 1:00 (Geeta Singh, Rupa Patel & Anjira, Aleen.)
			1:00 to 2:00

*These counselors were not part of the residential trainings conducted by SCoE4N. Hence they will be oriented online and gradually be mentored like the other trained counselors.

Link for video call will be shared with participants. Any change in date and time will be conveyed in advance.


Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD
SCoE4N, Department of Pediatrics,
AIIMS Raipur.

3

CS CamScanner

Annexure 4: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur



AIIMS/PED/SCOE/OW/2024/

Date:

Report on IYCF Tele-mentoring

(For the month of February 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12 to 1:30 pm.

Findings

A total of 55 Tele-mentoring sessions were planned in this month. 30 sessions were completed with the counselors. Some of the counselors were absent without giving prior information. Following are some of the key findings in tabular form (Table no.1) followed by description.



Table No. 1: Findings

S.No	Indicators	No. of counselors interviewed	No. of counselors with a positive response	Remarks, if any
1	Whether counselor posted at DH/Medical College	30	15	Others are posted at CHCs
2	Whether daily rounds of PNC ward done	30	22	Details in description below
3	Whether daily lactation counseling done	30	22	Details in description below
4	Whether C-section performed at the facility	30	15	C-Sections are performed mainly at DH. Most CHCs do not have gynecologist posted
5	Whether mothers with C-section counseled on positions	15	15	-
6	Whether KMC practiced at facility regularly	30	16	Mostly supported at SNCU. Might need to involve trained Staff Nurses to promote KMC.
7	Whether a functional Breastfeeding corner available	30	0	Communicate with state regarding this



1. Out of the 30, 22 counselors told that they have been taking regular rounds of the PNC ward. Others informed that they have been either engaged in NCD counseling, training or field work. They have not been able to provide lactation counseling on a regular basis but on alternate days or few days a week.
2. The most common issues identified by counselors:
 - Complaint of less milk, especially by primi mothers
 - Delay in initiation of breastfeeding in caesarian deliveries
3. There was network issue at quite some facilities. Video call was interrupted. Audio calls were done to keep the discussion going.
4. It was observed that appropriate knowledge of KMC is not there among the counselors. A common misinformation was observed. Many of them told that KMC should be done for 15-20 minutes.
5. Quite a few counselors were not available during the planned calls and have not informed beforehand.
6. Some counselors narrated incidences of their efforts to support mother in breastfeeding, which led to success. However none of them presented in a written form with details.
7. During some of the interactions with mothers in the PNC ward, it was found that they have been receiving lactation counseling.

Action Points

1. Communicate to counsellors that their uninformed absence from Tele mentoring sessions will be taken with serious measures.
2. Continue hand holding support to counsellors who have profile other than the RMNCH/FP.
3. Onboard counsellors from DH who have not attended training with support from our district staff. To begin with Raipur MCH wing.
4. Provide supportive supervision through field visits, where ever necessary.
5. Counsel mothers over video call.
6. Roster for the month of March is prepared and shared (attached as annexure 1).
7. Monitor IYCF training in the districts and leverage the trained counsellors as master trainers.
8. Advocate to the Health Department for establishment of breastfeeding corners at the health facilities.



Annexure

Annexure 1: Roster for the month of March

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/IOW/2024/13 Date: 21.03.24

IYCF Tele-Mentoring

For the month: March 2024

Roster			
Sno	District	Date	Time
1	Dantewada	6/3/24	12:30 to 1:00 (Shanti Bhogami)
			1:00 to 1:30 (Liladhar Minj)
2	Gariyabandh	7/3/24	12:30 to 1:00 (Hema Sirha)
	Janjgir-Champa		1:00 to 1:30 (Urmila Sahu)
3	Kondagaon	11/3/24	12:30 to 1:00 (Kiran Dehori)
	Korba		1:00 to 1:30 (Neehu Chaudhary)
4	Koriya	12/3/24	12:30 to 1:00 (Chaitali Shaw)
	Mohla-Manpur-Chowki		1:00 to 1:30 (Poonam Thakur)
5	Bastar	13/3/24	12:30 to 1:00 (Sangeeta Das)
6	Dhantari	14/3/24	1:00 to 1:30 (Chandrakant Acharya)
	Surguja		12:30 to 1:00 (Lokeshwari Sahu)
7	Rajnandgaon	15/3/24	1:00 to 1:30 (Mamta pathak)
			12:30 to 1:00 (Chandrakala)
8	Sukma	18/3/24	1:00 to 1:30 (Tikeshwari Sahu)
			12:30 to 1:00 (Rakesh Kumar)
9	Jashpur	19/3/24	1:00 to 1:30 (Pradip Kumar)
	Koriya		12:30 to 1:00 (Vasundhara)
			1:00 to 1:30 (Sabina Bhagat)

1

State Center of Excellence for Nutrition Interventions (SCoE4N)
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 All India Institute of Medical Sciences, Raipur (CG)

10	Surguja	20/3/24	12:30 to 1:00 (Mamta pathak)
11	Surajpur	21/3/24	1:00 to 1:30 (Prateek Singh)
	Mahasamund		12:30 to 1:00 (Kalpana Singh)
12	Janjgir-Champa	22/3/24	1:00 to 1:30 (Kavita)
	Kabirdham		12:30 to 1:00 (Asha Sori)
13	Gariyabandh	26/3/24	1:00 to 1:30 (Arti)
	Surajpur		12:30 to 1:00 (Meenendra Sahu)
14	Balodabazar	27/3/24	1:00 to 1:30 (Anil Sonwani)
			12:30 to 1:00 (Bharti Sharma)
15	Durg	28/3/24	1:00 to 1:30 (Barkha)
	Khairagarh-Chhuikhadan-Gandai		12:30 to 1:00 (Suraj Kumar)
			1:00 to 1:30 (Esh Kumar)

Link for video call will be shared with participants. Any change in date and time will be conveyed in advance.

Prof. (Dr.) Anil Kumar Goel
 Programme Director & HOD
 SCoE4N, Department of Pediatrics,
 AIIMS Raipur.

2

Annexure 4: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur



AIIMS/PED/SCOE/OW/2024/

Date:

IYCF टेली-मेंटरिंग रिपोर्ट

(अप्रैल 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm.

Findings

A total of 31 Tele-mentoring sessions were planned in this month. 29 sessions were completed with the counselors. Counselors have been taking daily rounds and giving counseling on breastfeeding on a regular basis. However it is found that counseling needed for the specific cases is missing. It is

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observed that CHCs have very few deliveries in a day. We might need to drop some CHCs from Tele mentoring and increase support at DH. Counselor from CHC Mohla informed he is not able to provide lactation counseling due to work load. Also his seating area is disturbed due to the ongoing construction at the CHC. During these sessions we connect to mothers admitted in the PNC ward with support from counselors. Following are some of the key findings from these discussions (Table No. 1).

Table No. 1: Findings

S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	23	1	Child was admitted to SNCU immediately after birth. Mother did not receive proper counseling on milk expression. Mother also complaint of no milk.
2	Whether baby was given colostrums	23	1	
3	Whether mother is currently breastfeeding	23	1	
4	Whether any pre lacteal is given	1	23	
5	Whether mother received counseling before?	19	5	Some mothers were not confident while answering this.
6	Whether mother is eating and taking fluids?	24	0	
7	Whether other was informed about the birth weight of baby?	24	0	All mothers were aware of the birth weight of their babies.



Action Points

1. A TOT of SNCU staff nurses is planned in the month of May.
2. Counsel more mothers and families over video call.
3. Provide supportive supervision through field visits, in the aspirational districts.
4. Roster for the month of May is prepared and shared (attached as annexure 1).

Review

A virtual review meeting was held for MAA program on 24th April 2024 in presence of Dr V R Bhagat, Deputy Director Child Health (Directorate of Health Services) in collaboration with SCoE4N and UNICEF. This review had a dedicated session on Tele-mentoring. Following is a brief on the same:

1. Around 200 participants joined the review (Block Medical Officers, RMNCH Consultants/Nodal and counsellors).
2. Dr Bhagat welcomed all the participants and gave a brief about MAA program; its objectives, roles and responsibilities of the various healthcare service providers. He urged everyone to work towards making early initiation of breastfeeding a 100%.
3. Dr Bhagat invited Dr Anil Kumar Goel. He then briefed the participants about Tele-Mentoring. He informed that a toll free number will soon be shared with counselors and other nodals. This number could be used to receive support on breastfeeding related issues and concerns.
4. Later Dr Nagma shared the findings of tele-mentoring sessions conducted and raised concern about irregularity of counselors in attending the sessions. Following action points were put forth:
 - Regularization of ward visit (ANC/PNC/SNCU) by counselors
 - Strengthening of counseling on KMC
 - Availability of counselors for Tele-mentoring
 - Sharing of success stories (by counselors), if any
 - Counselors should facilitate SCoE4N, discussion with mothers & families at PNC ward
 - Establishment of breastfeeding corners at least up to DH/CHC
5. At the end Mr Mumtaz, State Maternal and Child Nutrition Consultant, shared details of ROP related to MAA program and the reporting format for the districts. Dr Bhagat concluded the review addressing queries of participants.



Annexure

Annexure 1: Roster for the month of May

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCoE/OW/2024/12/12 Date: 05/05/24

IVCF Tele-Mentoring

For the month: May 2024

Roster					
Sr. #	Date	Day	Time	District	Name of Counselor
1	25/24	Thurs	12:30 to 1:00	Balodabazar	Ms Bharti Saxena
			1:00 to 1:30	Balodabazar	Ms Barkha
2	3/5/24	Fri	12:30 to 1:00	Baer	Ms Sangeta Das
			1:00 to 1:30		Mr Chandrakant Acharya
3	6/5/24	Mon	12:30 to 1:00	Bilaspur	Ms Varsha Gupta
			1:00 to 1:30		Ms Rajshree Patra
			1:30 to 2:00	Jajgir-Champa	Ms Asha
4	8/5/24	Wed	12:30 to 1:00	Dhamari	Ms Lakshwan Sahu
			1:00 to 1:30	Durg	Mr Suraj Kumar
5	9/5/24	Thurs	12:30 to 1:00	Gariyahandi	Ms Hema Senha
					Mr Merendra Sahu
6	10/5/24	Fri	12:00 to 12:30	Sakti	Ms Chitraka
			12:30 to 1:00	Jajgir-Champa	Ms Urmila Sahu
			1:00 to 1:30	Jashpur	Ms Vasundhara
7	13/5/24	Mon	12:30 to 1:00	Kabirdham	Ms An
			1:00 to 1:30	Kanker	Mr Chandrakant Sahu
8	14/5/24	Tues	12:30 to 1:00	Kondagan	Ms Karan Dehori
			1:00 to 1:30	Korba	Ms Neetu Chaudhary
9	15/5/24	Wed	12:30 to 1:00	Korva	Ms Minakshi (Chattai)

1

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

10	16/5/24	Thurs	1:00 to 1:30		Ms Sahana
			12:30 to 1:00	Mohla-Marpur-Chowki	Ms Poojyam
11	17/5/24	Fri	1:00 to 1:30		Mr Manoj
			12:30 to 1:00	Mahamand	Ms Kavita
12	20/5/24	Mon	1:00 to 1:30	Mohla-Marpur-Chowki	Mr Dinesh Nctam
			12:30 to 1:00	Raipur	Ms Lakmi Dewangan
13	21/5/24	Tue	1:00 to 1:30		Ms Gosta
			12:30 to 1:00	Rajnandgan	Ms Chandrakala
14	22/5/24	Wed	1:00 to 1:30		Ms Tikendran Saha
			12:30 to 1:00	Sukma	Mr Rakesh Kumar
15	24/5/24	Fri	1:00 to 1:30		Mr Pradip Kumar
			12:30 to 1:00	Surgapur	Ms Kalpana Singh
16	27/5/24	Mon	1:00 to 1:30		Mr Anil Sotwani
			12:30 to 1:00	Surguja	Ms Roshni Jha (Ms Mantta)
			1:00 to 1:30		Mr Prateek Singh

Link for video call will be shared with participants. Any change in date and time will be conveyed in advance.

Prof. (Dr.) Anil Kumar Goel
 Programme Director & HOD
 SCoE4N, Department of Pediatrics,
 AIIMS Raipur.

2



Annexure 4: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

Prof. (Dr.) Anil Kumar Goel
Programme Director & HOD,
SCoE4N, Department of Pediatrics,
AIIMS Raipur



AIIMS/PED/SCOE/OW/2024/

Date: June 2024

IYCF टेली-मेंटरिंग रिपोर्ट (मई 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm.

Findings

A total 24 Tele-mentoring sessions were completed. Findings are as follows.



1. Counselor from CHC Mohla has told that he will not be able to participate in Tele-mentoring sessions. He has informed his supervisor at CHC regarding the same.
2. There was a network issue in connecting to DH Kondagaon hence discussion was held on audio call.
3. Counselor from DH Balodabazar informed she finds it difficult to give lactation counseling. She sits in OPD from 9 to 1. She takes help from Mitanin and Staff Nurses.
4. Counselor from Bastar is taking visiting PNC ward jointly with Staff Nurses and Medical Officer.
5. Counselor from Jashpur informed that she has not been able to provide lactation counseling on a regular basis. She had field work for NQAS preparation. In her absence Staff Nurse does the counseling.
6. Following counselors have not attended the sessions and have not given any prior information.
 - Ms Sangeeta Das (CHC Tokapal, Bastar)
 - Ms Neelu Chaudhary (DH Korba)
 - Ms Sabina (CHC Sonhat, Koriya)
 - Mr Manoj (CHC Manpur)

During these sessions we connect to mothers admitted in the PNC ward with support from counselors. Total 10 mothers were interviewed. Following are some of the key findings from these discussions (Table No. 1).

Table No. 1: Findings

S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	8	2	In both cases newborns were admitted to SNCU immediately after birth
2	Whether baby was given colostrums	10	0	



3	Whether mother is currently breastfeeding	10	0	One mother was giving mix feed (Twin babies)
4	Whether any pre lacteal is given	2	8	In one case mix feed was given In another case top feed was given for 1 st day due to complaint of less milk.
5	Whether mother received counseling before	9	1	Mother was not on day one. She gave top feed later she was counseled
6	Whether mother is eating and taking fluids	10	0	
7	Whether mother was informed about the birth weight of baby	9	1	

Action Points

1. Identify trained staff nurses who can be included in Tele-mentoring
2. Develop mechanism to review work of counsellors and rate them accordingly
3. Provide supportive supervision through field visits, in the aspirational districts
4. Roster for the month of June is prepared and shared (attached as annexure 1)
5. Take support from DNCs in streamlining counseling



State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

Annexure

Annexure 1: Roster for the month of June



State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/OW/2024/1444

Date: 03 June 2024

आईवाईसीएफ (IYCF) टेली-मेंटरिंग

जून माह का रोस्टर				
Date	Day	Time	District	Name of Counselor
05-06-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Balodabazar	Ms Bharti Sharma Ms Barkha
06-06-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Balrampur Balod	Ms Nojvanti Ms Kalyani
07-06-2024	Friday	12:30 to 1:00 1:00 to 1:30	Bastar	Ms Sangeeta Das Mr Chandrakant Acharya
10-06-2024	Monday	12:30 to 1:00 1:00 to 1:30	Bastar Bemetara	Mr Bansidhar Maurya Ms Vidya
11-06-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Bijapur	Mr Kamli Ram Tati Ms Etti Babita
12-06-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Bilaspur	Ms Varsha Gupta Ms Rajshree Paikra
13-06-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Dantewada	Ms Shanti Bhogami Mr Liladhar Minj
14-06-2024	Friday	12:30 to 1:00 1:00 to 1:30	Dhamtari	Ms Jyoti sahu Ms Lokeshwari Sahu
18-06-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Gariyabandh	Ms Hema Sinha Ms Vijaylaxmi (Mr Meenendra Sahu)
19-06-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	GPM	Ms Mohini Soni Mr Tarun
20-06-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Janjgir-Champa	Ms Urmila Sahu Ms Asha Soni
21-06-2024	Friday	12:30 to 1:00 1:00 to 1:30	Kabirdham	Ms Manjula sonkar Ms Arti
25-06-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Kanker	Ms Anita sahu Mr Chandrakant Sahu
26-06-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Kondagaon	Ms Kiran Dehori Ms Radhika Soni
27-06-2024	Thursday	12:30 to 1:00 1:00 to 1:30	KCG Durg	Mr Esh Kumar Mr Suraj
28-06-2024	Friday	12:30 to 1:00 1:00 to 1:30	Koriya	Ms Chaitali shaw Ms Sabina Bhagat
29-06-2024	Saturday	12:30 to 1:00 1:00 to 1:30	Mahasamund Korba	Ms Kavita Ms Neelu

प्रो. (डॉ.) अनिल कुमार गोएल
परियोजना निदेशक, प्राध्यापक एवं विभागाध्यक्ष
राज्य पोषण सुसुवर्ण कार्यक्रम केंद्र (SCoE4N)

बाल रोग विभागाध्यक्ष
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर
Head of Department - State Center of Excellence for Nutrition Interventions
Professor & Head, Department of Pediatrics
All India Institute of Medical Sciences, Raipur (CG)

AIIMS RAIPUR



State Center of Excellence for Nutrition Interventions (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

Annexure 2: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Interaction with Mothers in the PNC Ward

प्रो. (डॉ.) अनिल कुमार गोएल
परियोजना निदेशक, राज्य पोषण मध्यवर्तन उत्कृष्टता केंद्र (SCoE4N)
प्राध्यापक एवं विभागाध्यक्ष
बाल एवं शिशु रोग विभाग, एम्स रायपुर

Tatibandh, GE Road, Raipur - 492 099 (CG) E-mail: scoesamaiimsrpr@gmail.com



State Center of Excellence for Nutrition Interventions (SCoE4N)

बाल एवं शिशु रोग विभाग

Department of Pediatrics

अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़

All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/OW/2024/

Date: July 2024

IYCF टेली-मेंटरिंग रिपोर्ट

(जून 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm.



Findings

A total 23 Tele-mentoring sessions were completed. Findings are as follows.

1. Counselor from DH Balodabazar again told that OPD workload is overwhelming. On days when OPD cases are less she visits the PNC ward during morning hours and on days with high case load she visits the ward only in the evening as time permits. Staff Nurses and Mitanin support her in the counseling.
2. Counselor from DH Dhamtari informed that a new initiative has started at the ward. Mothers in the PNC ward are given Ayurvedic concoction (Kadha). I have asked her to get details of the concoction and observe its effects. Also Mothers with complaint of less milk are referred to AYUSH department.
3. Counselors from Dantewada, Kondagaon and Bijapur mentioned about language barrier. However they take help from Mitanin and other patients.
4. Counselor from CHC Palari informed that a diarrhea outbreak was ongoing hence mothers were discharged from ward over shorter duration.
5. Network issue is a challenge sometimes.

During these sessions we connected to mothers admitted in the PNC ward with support from counselors. Total 14 mothers were interviewed. Following are some of the key findings from these discussions (Table No. 1).

Table No. 1: Findings

S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	13	1	Child was admitted to SNCU immediately after birth
2	Whether baby was given colostrums	12	2	One child was admitted to SNCU and couldn't receive colostrums



				In 2nd case, mother discarded it
3	Whether mother is currently breastfeeding	13	1	Child in SNCU. Milk expression not practiced
4	Whether any pre lacteal is given	5	9	Formula feed given. Use of no other type of pre lacteal feed was informed.
5	Whether mother received counseling before	11	3	Most mothers informed that they have received counseling but the quality of counseling provided appeared suboptimal
6	Whether mother was informed about the birth weight of baby	13	1	

Action Points

1. Orient counsellors on one topic during each telementoring sessions
2. Provide supportive supervision through field visits, in the Aspirational districts
3. Roster for the month of July is prepared and shared (attached as annexure 1)
4. Take support from DNCs in strengthening the counselling provided by the counselors



Annexure

Annexure 1: Roster for the month of June

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/JOW/2024/615 Date: 01-07-2024

आई.आई.सी.एफ. (IYCF) टेली-मेंटरिंग

जुलाई 2024 माह का रोस्टर

Date	Day	Time	District	Name of Counselor
01-07-2024	Monday	12:30 to 1:00	Korba	Ms Neelu
02-07-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	KCG Durg	Mr Esh Kumar Mr Suraj
03-07-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Bastar Gariyaband	Ms Sangeeta Das Ms Vijaylaxmi (Mr Meenendra
04-07-2024	Thursday	12:30 to 1:00 1:00 to 1:30	MMAC	Ms Poonam Thakur Mr Manoj Kumar
05-07-2024	Friday	12:30 to 1:00 1:00 to 1:30	Mungeli Narayanpur	Ms Shweta Shukla & Ms Arun Ms Supri Netam
08-07-2024	Monday	12:30 to 1:00 1:00 to 1:30	Raigarh	Ms Sevani Patel Ms Vinita Malik
10-07-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Koriya	Ms Sabina Bhagat Ms Meenakshi (Ms Chaitali)
11-07-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Raipur	Ms Laxmi Dewangan Ms Geeta Bhoi
12-07-2024	Friday	12:30 to 1:00 1:00 to 1:30	Rajnandgaon	Ms Chandrakala Ms Tikeshwari Sahu
15-07-2024	Monday	12:30 to 1:00 1:00 to 1:30	Sarangarh- Bilalgarh	Ms Pushpa Sao Ms Manjulata
16-07-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Sakti	Ms Chitrarekha Gond Ms Elavati Jaiswal
18-07-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Sukma	Mr Pradip Kumar Ms Lokeshwari Sahu
19-07-2024	Friday	12:30 to 1:00 1:00 to 1:30	Surajpur	Ms Kalpana Singh Mr Anil Sonwani
22-07-2024	Monday	12:30 to 1:00 1:00 to 1:30	Surjuja	Ms Roshan Jha (Ms Mamta Pathak) Mr Prateek Singh
23-07-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Bilaspur	Ms Pramila Khute (Ms Rajshree) Ms Varsha

AIIMS RAIPUR

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

01-07-2024

25-07-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Dhamtari Kondagaon	Ms Jyoti Ms Kiran
26-07-2024	Friday	12:30 to 1:00	Mahasamund	Ms Kavita
29-07-2024	Monday	12:30 to 1:00	Korba	Ms Neelu

श्री. (डॉ.) अमित कुमार शोषक
 परियोजना निदेशक प्राथमिक एवं विभागाध्यक्ष
 राज्य पोषण कार्यकारी कक्ष (SCoE4N)
 बाल रोग विभाग, एमआईएमएस रायपुर

2

Annexure 2: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Early Initiation of Breastfeeding captured during Tele-mentoring

प्रो. (डॉ.) अनिल कुमार गोएल
परियोजना निदेशक, राज्य पोषण मध्यवर्तन उत्कृष्टता केंद्र (SCoE4N)
प्राध्यापक एवं विभागाध्यक्ष
बाल एवं शिशु रोग विभाग, एम्स रायपुर



AIIMS/PED/SCOE/OW/2024/

Date: September 2024

IYCF टेली-मेंटरिंग रिपोर्ट

(जुलाई-अगस्त 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm.



Findings

A total 34 Tele-mentoring sessions were completed in the month of July and August. Findings are as follows.

1. Most of the counselors are taking round of PNC ward and providing lactation counseling. At CHCs the delivery load is less hence it is observed that better counseling is delivered. And instances of pre lacteal feeds and top feed were rare. Counseling at the DHs is observed to be infrequent and less focused.
2. Counselors from CHC Bori, District Durg, DH Surajpur and DH Balodabazar informed that they have high work load. They look after multiple programs; they do family planning counseling & procedures and ANC counseling along with lactation counseling.
 - a. **Rationalization of workload should be done so that they can effectively perform their duties.**
3. Network issue observed at DH Korba, CHC Barhamkela District Sarangarh-Bilaigarh and CHC Bori, District Durg. Hence session was done over phone call.
4. In the month of July we initiated the concept of “Counselor of the Month” in order to motivate the counselors and recognize their efforts. Counselors who have been regular in attending the tele-mentoring sessions and have been providing regular lactation counseling are selected.
 - a. Ms Jyoti from DH Dhamtari was selected for the month of July
 - b. Ms Kiran from DH Kondagaona and Ms Radhika from CHC Tokapal, District Kondagaon were selected for the month of August.

At CHC Tokapal District Bastar, it was observed that mothers were inside the mosquito nets which is a good preventive strategy followed in the district.

During these sessions we connected to mothers admitted in the PNC ward with support from counselors. Total 14 mothers were interviewed. Following are some of the key findings from these discussions (Table No. 1).



Table No. 1: Findings

S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	18	4	-One mother did not initiate breastfeeding due to flap nipple. Later the child developed Jaundice. -Another Child was born premature and was admitted. -In one case child had low birth weight and mother was not having any milk even after massage (as informed by counselor). Child was given breast milk of other mother.
2	Whether baby was given colostrums	21	1	Mother did not have any breast milk.
3	Whether mother is currently breastfeeding	20	2	One child on mix feeding and another on top feed.
4	Whether any pre lacteal is given	4	18	Formula feed given. Use of no other type of pre lacteal feed was informed.
5	Whether mother received counseling on breastfeeding	17	5	-
6	Whether mother was informed about the birth weight of baby	All mothers were aware about the birth weight of their babies. 3 babies had weight below 2.5 Kg. 2 of them were supported for Kangaroo Mother Care (KMC)		



Action Points

1. On site orientation of Staff Nurses of DH Mahasamund (Focused district)
 - a. Orientation was done on 3rd August 2024.
2. Provide supportive supervision through field visits, in the focused districts (MMAC and Mahasamund)
 - a. Supportive supervision visit done at DH Mahasamund on 26th July 2024 and CHC Mohla on 7th August 2024
3. Roster for the month of September is prepared and shared (attached as annexure 1)
4. Take support from DNCs to identify lacunae and develop plan to overcome the challenges
5. Plan review of MAA program (with focus on Tele-mentoring)

World Breastfeeding Week Celebration

In the month of August World Breastfeeding Week was celebrated at various Health Facilities across the state. Counselors shared pictures of activities done under World Breastfeeding Week. Staff Nurses who were trained by SCoE4N also shared their activities over Whatsapp group. Following activities were done by SCoE4N.

- Inaugural Event at AIIMS Raipur
- State level Webinar on breastfeeding
- Group counseling ANC, PNC ward & Pediatric OPD, AIIMS Raipur
- Orientation of Nursing Officers District Hospital Mahasamund
- Orientation of ANM, RHO, CHO, Supervisors of Mohla
- Health Talk at Radio





State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

Annexure

Annexure 1: Roster for the month of September

State Center of Excellence for Nutrition Interventions (SCoE4N)
 बाल एवं शिशु रोग विभाग
 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCOE/OW/2024/67Z Date: September 2024

आईवाईसीएफ (IYCF) टेली-मेंटरिंग

सितम्बर माह का रोस्टर				
Date	Day	Time	District	Name of Counselor
03-09-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Dantewada Bilaspur	Ms Richa Soni & Ms Shanti Bogamli Ms Varsha
04-09-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Janjgir-Champa Bemetara	Ms Asha Ms Vidya
05-09-2024	Thursday	12:30 to 1:00 1:00 to 1:30	KCG Durg	Mr Esh Kumar Mr Suraj
07-09-2024	Saturday	12:30 to 1:00 1:00 to 1:30	GPM	Ms Mohini Mr Tarun
10-09-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Korba Balodabazar	Ms Neelu Ms Barkha
11-09-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Bijapur Mahasamund	Mr Kamlu Ran Tati & Ms Etti (Dr) Ms Kavita (CHC)
12-09-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Koriya	Ms Minakshi & Ms Chaitali (Dr) shaw Ms Sabina Bhagat (CHC)
13-09-2024	Friday	12:30 to 1:00 1:00 to 1:30	MMAC	Ms Poonam Thakur Ms Dinesh Netam
14-09-2024	Saturday	12:30 to 1:00 1:00 to 1:30	Gariyaband MMAC	Ms Hema Mr Manoj Kumar
18-09-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Mungeli Narayanpur	Ms Shiveta Shukla & Ms Arun Kothari Ms Sugri Netam
19-09-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Raigarh	Ms Leenadeep & Ms Sevati Patel Ms Vinita Naik
20-09-2024	Friday	12:30 to 1:00 1:00 to 1:30	Raipur Kanker	Ms Laxmi Dewangan Ms Anita Sahu
23-09-2024	Monday	12:30 to 1:00 1:00 to 1:30	Rajnandgaon	Ms Chandrakala Ms Tikeshwari Sahu
24-09-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Sarangari-Bilalgarh	Ms Pushpa Sao Ms Manjulata

Tatibandh, GE Road, Raipur - 492 099 (CG) E-mail: scoesamaiimsrpr@gmail.com

State Center of Excellence for Nutrition Interventions (SCoE4N)
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 Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 All India Institute of Medical Sciences, Raipur (CG)

02/09/2024

26-09-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Sakti	Ms Elavati Jaiswal Ms Chitrarekha Goel
27-09-2024	Friday	12:30 to 1:00 1:00 to 1:30	Sukma	Mr Rakesh Mr Pradeep
28-09-2024	Saturday	12:30 to 1:00 1:00 to 1:30	Surajpur	Ms Kalpana Singh Mr Anil Sonwani
30-09-2024	Monday	12:30 to 1:00 1:00 to 1:30	Surguja	Ms Roshan Jha & Ms Mamta Pachak Mr Prateek Singh

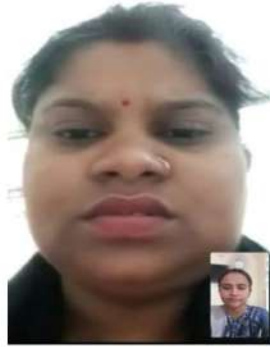
डॉ. (ए.ई.) अशोक कुमार शर्मा
 संचालक, अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
 राज्य पोषण सकार्यक्रम, अखिल भारतीय आयुर्विज्ञान संस्थान (SCoE4N)
 बाल एवं शिशु रोग विभाग

Program Director
 State Center of Excellence for Nutrition Interventions
 Professor & Head Department of Pediatrics
 All India Institute of Medical Sciences, Raipur (CG)

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Annexure 2: Pictures of Tele-mentoring via video call



Tele-mentoring session with Counselors



Counseling of mothers (PNC Ward) during Tele-mentoring

प्रो. (डॉ.) अनिल कुमार गोएल
परियोजना निदेशक, राज्य पोषण मध्यवर्तन उत्कृष्टता केंद्र (SCoE4N)
प्राध्यापक एवं विभागाध्यक्ष
बाल एवं शिशु रोग विभाग, एम्स रायपुर



AIIMS/PED/SCOE/OW/2024/

Date: October 2024

IYCF टेली-मेंटरिंग रिपोर्ट (सितम्बर 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm using Zoom link - <https://us06web.zoom.us/j/87435449474?pwd=7IKBngaKtXBImQ05O8qAfPoaciM8FU.1>



Findings

A total 24 Tele-mentoring sessions were completed in the month of September. Findings are as follows.

- 1. Network issue:** Observed at DH Korba & DH Narayanpur.
- 2. Irregular Counseling:**
 - Counselor from CHC Ambagarh Chowki told that she provides infrequent lactation counseling since she looks after NCD related counseling work. However she counsel mothers who come up with breastfeeding related issues.
 - Counselor from CHC Mohla informed that he is not doing lactation counseling due to other work load hence he will not be able to attend Tele-mentoring session.
- 3. Issue of formula feed/top feed:**
 - Counselor from DH Dantewada informed that when deliveries happen at night, formula feeds are observed in the ward during morning rounds. She told that some families bring it on their own or ask for formula feed from SNCU. A few families brought cow milk as well.
 - Counselor from Medical College Bilaspur told that she is finding it difficult to counsel all the mothers since the daily delivery load is around 20-25 which includes many C-Sections. She informed that very few Staff Nurses provide support in lactation counseling. She also informed that last night (2nd September 2024) 2-3 families brought formula feed and it was prescribed by interns.
 - Counselor from DH Korba told that families do not cooperate and give top feed even after counseling. She also informed that some mothers do not eat properly (only bread, biscuit or tea) for 3-6 days post delivery.
- 4. Good Practices:**
 - Use of Audio-Visual aid at DH Dantewada. There is TV and a pen drive with videos on it which is used to play videos in the ward which supports counseling.
 - Staff at the NICU, Medical College, Bilaspur are working to ensure breastfeeding. Infants admitted in the NICU are given expressed breast milk using syringes.
- 5. Counselor of the month:** Ms. Sabina Bhagat, CHC Sonhat, District Korea



During these sessions we connected to mothers admitted in the PNC ward with support from counselors. Total 24 mothers were interviewed. Following are some of the key findings from these discussions (Table No. 1).

Table No. 1: Findings

S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	17	7	Delay in initiation of breastfeeding was observed due to -Child's or mother's illness -Shifting from OT to PNC ward
2	Whether baby was given colostrums	0	24	-
3	Whether any pre lacteal (Formula milk) is given	4	20	Reasons for formula feed -Insufficiency of breast milk -Child was admitted to NBSU/SNCU
4	Whether mother is currently breastfeeding	20	4	4 mothers were giving mix feed
5	Whether mother received counseling on breastfeeding	21	3	

Action Points

1. On site orientation of Staff Nurses is to be initiated
2. Provide supportive supervision through field visits, in the focused districts
 - a. Supportive supervision visit done at CHC Ambagarh Chowki on 4th September 2024
3. Facilitate dissemination of Tele-mentoring reports to the districts
4. Roster for the month of October is prepared and shared (attached as annexure)



State Center of Excellence for Nutrition Interventions (SCoE4N)
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Department of Pediatrics
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All India Institute of Medical Sciences, Raipur (CG)

Annexure: Roster for the month of October

State Centre of Excellence for Nutrition Intervention's (SCoE4N)
बाल एवं शिशु रोग विभाग
Department of Pediatrics
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All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCoE/OW/2024/741 दिनांक : 28 सितंबर 2024

आईआईएमएस (IICF) डेजी-वेटरिन

सम्पूर्ण माह 2024 का रोस्टर

Date	Day	Time	District	Facility	Name of Counselor
01-10-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Sarangarh	CHC CHC	Ms Pushpa Sajo Ms Manjulata
03-10-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Suraipur	DH CHC	Ms Kalpana Singh Mr Anil Sonwani
04-10-2024	Friday	12:30 to 1:00 1:00 to 1:30	Balod Balodahazar	DH CHC	Ms Kalyani Ms Bharti Sharma
07-10-2024	Monday	12:30 to 1:00 1:00 to 1:30	Balrampur Bastar	DH CHC	Ms Nojvanti Maya Ms Sangeeta Das
08-10-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Bastar	DH CHC	Mr Chandrakant Acharya Mr Ransidhar Maurya
10-10-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Bilaspur Dantewada	DH CHC	Ms Rajshree Paikra (Ms Pranila Khurp) Ms Mr Liladhhar Minj
11-10-2024	Friday	12:30 to 1:00 1:00 to 1:30	Dhantari	DH CHC	Ms Jyoti Sahu Ms Lokeshwari Sahu
14-10-2024	Monday	12:30 to 1:00 1:00 to 1:30	Janjgir Champa	DH CHC	Ms Asha Soni Ms Urmila Sahu
15-10-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Gariyabandh Jashpur	CHC CHC	Ms Meenendra Sahu (Vijaylaxmi) Ms Yatsundhara
16-10-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Kabirdham	DH CHC	Ms Manjula Sonkar Ms Arti
17-10-2024	Thursday	12:30 to 1:00 1:00 to 1:30	Kanker Bemetara	CHC DH	Ms Chandrakant Sahu Ms Vidya
18-10-2024	Friday	12:30 to 1:00 1:00 to 1:30	Kondagaon	DH CHC	Ms Kiran Dehori Ms Radhika Soni
21-10-2024	Monday	12:30 to 1:00 1:00 to 1:30	Koriya Korba	DH DH	Ms Minakshi (Chaitali Shaw) Ms Neeha
22-10-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Mahasamund Narayanpur	DH DH	Ms Kavita Ms Sugri Netam

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Department of Pediatrics
अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर, छत्तीसगढ़
All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCoE/OW/2024/741 दिनांक : 28 सितंबर 2024

23-10-2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Sakti MMAC	DH CHC	Ms Elavati Jainwal Ms Fouzara
25-10-2024	Friday	12:30 to 1:00 1:00 to 1:30	Dantewada Bilaspur	DH DH	Ms Richa Soni MS Bharkha
28-10-2024	Monday	12:30 to 1:00 1:00 to 1:30	Bilaspur	MC	Ms Varsha
29-10-2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Bilaspur	DH	Ms Etti Babita & Mr Karan

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बाल एवं शिशु रोग विभाग, एम्स रायपुर

Signature
Program Director
State Centre of Excellence for Nutrition Interventions
Professor & Head Department of Pediatrics
All India Institute of Medical Sciences, Raipur (CG)

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AIIMS/PED/SCOE/OW/2024/

Date: December 2024

IYCF टेली-मेंटरिंग रिपोर्ट

(अक्टूबर-नवंबर 2024)

Introduction:

State Center of Excellence for Nutrition Interventions (SCoE4N), Department of pediatrics, AIIMS Raipur is providing technical support for implementation of Community-Based Management of Children with Severe Acute Malnutrition (CSAM) with support from DWCD, DOHFW and UNICEF in the state. The program also entails a preventive domain of work which focuses on improving Infant and Young Child Feeding (IYCF) practices and decelerating “Under 6 Growth Faltering”. Under the SCoE4N a state resource center for IYCF is established to support the above said aim through various activities at the state and district level. The center has trained a total of 57 counselors from District Hospitals (DHs) and Community Health Centers (CHCs) and has pioneered Tele-mentoring of these counselors.

Objectives

- To support the trained counselors to initiate and sustain lactation counseling.
- To monitor the IYCF practices at facility level.
- To strengthen IYCF practices at the facility and eventually in the districts.

Process

SCoE4N team members Dr Nagma Nigar Shah (State IYCF Coordinator) and Ms Dhaleshwari (Lactation Counselor) do the Tele-mentoring under the guidance Dr Anil Kumar Goel, Program Director, Professor and Head, Department of Pediatrics, AIIMS Raipur. These calls are done between 12:30 to 1:30 pm using Zoom call.



Findings

A total 34 Tele-mentoring sessions were completed in October and November. Findings are as follows.

1. Network issue: Observed at DH Koriya.

Counselor from CHC Tokapal, District Bastar informed that she could not join the call due to network issues.

2. Irregularity in joining Tele-mentoring sessions/counseling:

- It was observed that many counselors did not attend the Tele-mentoring sessions. Some of them gave prior information about their leaves which was mainly related to various festivals that occurred in the month of October and November but some of the counselors were absent from session without any prior notice.
- Counselor from DH Dantewada informed that he is not giving counseling regularly as he is posted at Durga Pandal as part of the medical team.

3. Issue of delayed initiation of breastfeeding:

- Counselor from DH Narayanpur and Koriya informed (previously) that some delay in initiation of breastfeeding (initiation within 1 hour of delivery) happens due to shifting of patients from Operation theatre to PNC ward. Both of them were asked to observe the shifting process and speak to concerned authority about the same. Counselors informed that shifting takes around 1 to 1.5 hours and breastfeeding is initiated afterwards. Both counselors were asked to advocate for skin to skin contact and initiation of breast feeding inside the Operation theatre or any suitable area near it. In both these instances Medical and Nursing Officers informed that in C-sections, initiation of breastfeeding is considered early if it is done within 2 hours.

4. Issue of formula feed/top feed:

- Counselor from DH Korba shared that one mother delivered at night; formula feed was prescribed by doctor. During morning round, she counseled the mother and mother started breast feeding. She informed that sometimes JRs also prescribe formula feed.

5. Counselor of the month: September: Mrs. Kavita, DH Mahasamund

October: Ms Minakshi, DH Koriya



During these sessions we connected to mothers admitted in the PNC ward with support from counselors. Total 38 mothers were interviewed. Following are some of the key findings from these discussions (Table No. 1).

Table No. 1: Findings


S.No	Indicators	Response		Remarks, if any
		Yes	No	
1	Whether mother breastfed the baby within one hour of delivery	30	8	Reasons for delay in initiation of breastfeeding: -Child's illness (Admitted to SNCU immediately after birth) -Mother not able to feed due to stitches
2	Whether baby was given colostrums	38	0	-
3	Whether any pre lacteal (Formula milk) is given	8	30	Reasons for formula feed: -Child was admitted to NBSU/SNCU -Delivery at night and formula feed prescribed -Insufficiency of breast milk -Mother not able to feed due to stitches
4	Whether mother is currently breastfeeding	34	4	4 mothers were giving mix feed, rest were giving only breast milk
5	Whether mother received counseling on breastfeeding	35	3	

Action Points

1. Plan review of counsellors through child health division
2. Provide supportive supervision through field visits, in the focused districts
3. Facilitate dissemination of Tele-mentoring reports to the districts
4. Roster for the month of December is prepared and shared (attached as annexure)



Annexure: Roster for the month of December

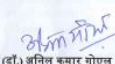


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 All India Institute of Medical Sciences, Raipur (CG)

AIIMS/PED/SCoE/OW/2024/893 दिनांक : 30 नवम्बर 2024

आई.वाई.सी.एफ. (IVCF) टेली-मेंटरिंग
दिसंबर 2024 माह का रोस्टर

Date	Day	Time	District	Facility	Name of Counselor
02/12/2024	Monday	12:30 to 1:00 1:00 to 1:30	Balodabazar	DH CHC	Ms Barkha Ms Bharti
03/12/2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Balrampur Balod	DH DH	Ms Novami Ms Kalyani
04/12/2024	Wednesday	12:00 to 12:30 12:30 to 1:00 1:00 to 1:30	Bastar Bastar Bemetara	CHC DH DH	Ms Sangeeta Mr Chandrakant Ms Vidya
05/12/2024	Thursday	12:30 to 1:00 1:00 to 1:30	Bilaspur	DH MC	Ms Pramila Ms Varsha
06/12/2024	Friday	12:30 to 1:00 1:00 to 1:30	Bijapur Dantewada	DH DH	Ms Ehi, Mr Kamlu Ms Richa
10/12/2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Dhantari Gariyabandh	DH DH	Ms Jyoti Ms Hema
11/12/2024	Wednesday	12:30 to 1:00 1:00 to 1:30	Janjgir-Champa Kabirdham	DH DH	Ms Asha Ms Mnjula
12/12/2024	Thursday	12:30 to 1:00 1:00 to 1:30	Kanker Kondagaon	DH DH	Ms Anita Ms Kiran
13/12/2024	Friday	12:30 to 1:00 1:00 to 1:30	Korba Koriya	DH DH	Ms Neelu Ms Minakshi
16/12/2024	Monday	12:30 to 1:00 1:00 to 1:30	Mahasamund Narayanpur	DH DH	Ms Kavita Ms Sugri
17/12/2024	Tuesday	12:30 to 1:00 1:00 to 1:30	Raigarh Sakti	DH DH	Ms Leenadeep Ms Elavati
19/12/2024	Thursday	12:30 to 1:00 1:00 to 1:30	Sukma Surajpur	DH DH	Mr Pradeep Ms Kalpana
20/12/2024	Friday	12:30 to 1:00 1:00 to 1:30	Surguja GPM Raigarh	DH CHC CHC	Ms Roshan Ms Mohini Ms Vinita
23/12/2024	Monday	12:30 to 1:00 1:00 to 1:30	Jashpur Kabirdham Koriya	CHC CHC CHC	Ms Vasundhara Ms Ari Ms Sabina
26/12/2024	Thursday	12:30 to 1:00 1:00 to 1:30	Kanker Kondagaon KCG	CHC CHC CHC	Mr Chandrakant Sahu Ms Radhika Soni Mr Esh Kumar
27/12/2024	Friday	12:00 to 12:30 12:30 to 1:00 1:00 to 1:30	Mungeli Raipur Rajnandgaon	CHC CHC CHC	Ms Shweta (s Arun) Ms Lavani Chandrakata
30/12/2024	Monday	12:00 to 12:30 12:30 to 1:00 1:00 to 1:30	Rajnandgaon Sarangarh- Bilairgarh	CHC CHC CHC	Ms Tikeswari Ms Pushpa Ms Majulata
31/12/2024	Tuesday	12:00 to 12:30 12:30 to 1:00 1:00 to 1:30	Sakti Surajpur Surguja	CHC CHC CHC	Ms Chitirekha Mr Anil Mr Prateek



प्रो. (डॉ.) अनिल कुमार गोएल
 परियोजना निदेशक,
 राज्य पोषण मध्यवर्तन उत्कृष्टता केंद्र
 प्राध्यापक एवं विभागाध्यक्ष
 बाल एवं शिशु रोग विभाग, एम्स रायपुर
 कर्नाटिका
 Professor/Consultant
 for the subject of pediatrics
 State Centre of Excellence for Nutrition Interventions
 बाल एवं शिशु रोग विभाग
 Professor of Pediatrics, Department of Pediatrics
 अखिल भारतीय आयुर्विज्ञान संस्थान, रायपुर (CG)
 All India Institute of Medical Sciences, Raipur (CG)

प्रतिलिपि/ Copy to.

- 1.) Deputy Director Child Health CG,
- 2.) Nutrition Specialist, UNICEF, C.G,
- 3.) Nutrition Officer, UNICEF, C.G,
- 4.) Maternal Child Health Nutrition Consultant, UNICEF, C.G
- 5.) Medical officer, SCoE4N Programme, Dept. of Pediatrics AIIMS Raipur
- 6.) All District Nutrition Coordinator, SCoE4N Programme, Department of Pediatrics, AIIMS Raipur.

प्रो. (डॉ.) अनिल कुमार गोएल
 परियोजना निदेशक, राज्य पोषण मध्यवर्तन उत्कृष्टता केंद्र (SCoE4N)
 प्राध्यापक एवं विभागाध्यक्ष
 बाल एवं शिशु रोग विभाग, एम्स रायपुर